

# MANIFESTO 2021, MÜNSTER

## WHAT THE ART SPROUTING PROJECT AND ECO ART?



THE ART SPROUTING PROJECT **KUNST TRIEBE** WAS CREATED IN MÜNSTER BY MYSELF, SARA MC NAMARA, ORGANIZED BY CHRISTINA KÜNNETH OF WITERBILDUNG IM KREATIV HAUS AND THE GRAPHICS DESIGNED BY NADJA VON LÜPKE.

IT IS INSPIRED BY THE SPECIAL ENERGY FOUND IN THIS CITY. THE SEED IS USED AS A METAPHOR FOR OPTIMISTIC REALISM: AN IDEA THAT GROWS INTO A POSITIVE REALITY IN THE RIGHT ENVIRONMENT AND FAR EXCEEDING ITS ORIGINAL SIZE. IMAGINE THE SHEER WONDER OF NATURE TO CREATE AN OAK FROM A LITTLE ACORN?

I BELIEVE THE ONLY WAY WE CAN SOLVE OUR CRISIS WITH THE CLIMATE IS TO PROACTIVELY ENGAGE WITH ITS PROBLEMS AND CREATIVELY/COMPASSIONATELY FIND SOLUTIONS. WE ARE, RIGHT NOW, DROWNING IN NEGATIVITY AND OVERWHELM.

WE TOGETHER HOLD A GREAT POWER OVER OUR ENVIRONMENT AND WITH THAT A HEAVY DUTY.

ART AND CREATIVITY PROVIDES THE POSITIVE GASP OF AIR WE NEED TO PULL OURSELVES TO SAFETY AND TO LIGHTEN THE BURDEN.

ECO ART IS AN ART FORM THAT IS MADE TO RAISE AWARENESS OF IMPORTANT ENVIRONMENTAL ISSUES, GIVE A VOICE TO THE SPEECHLESS, INFORM ABOUT ENDANGERED SPECIES AND BRING PEOPLE CLOSER TO NATURE.

WHEN POSSIBLE, IT COMPRISES OF ENVIRONMENTALLY FRIENDLY, RECYCLED MATERIALS AND METHODS.

IT IS DEMOCRATIC IN ITS USE OF ACCESSIBLE OR CHEAP MATERIALS, PUBLIC ORIENTATED ARTFORMS SUCH AS PAINTING, DRAWING OR PRINTMAKING. IT USES OF A COMPASSIONATE PERSPECTIVE TOWARDS NATURE AND HUMANS ALIKE AND IS CENTERED AROUND THE COMMUNITY.

IT CAN BE ASSOCIATED WITH OPTIMISTIC REALISM IN PROVIDING A POSITIVE PERSPECTIVE AND REALISTIC SOLUTIONS ON NEGATIVE TOPICS SUCH AS ECOANXIETY, DESTRUCTION OF NATURE, ENDANGERMENT OF SPECIES, AND THE CLIMATE CRISIS. ART IS USED CREATIVELY TO TRY THINGS AND EXPERIMENT, TO FAIL IN A SAFE SPACE, TO PLAY WITH IDEAS AND ULTIMATELY DISCOVER SOLUTIONS.

OR SIMPLY TO IMPROVE MENTAL HEALTH.

ECO ART CELEBRATES NATURE, CONNECTS US TO IT AND THROUGH THIS NATURE WORSHIP AND APPRECIATION, HONOR OURSELVES AND OUR JOURNEY IN LIFE AS WELL AS THROUGH CREATIVE PROCESSES GRASP THE PROFOUND CONNECTION WE HAVE TO NATURE.

WE HAVE THE ABILITY TO SPEAK AND EXPRESS OURSELVES, BUT NATURE AND IT'S CREATURES DO NOT. BUT THAT DOES NOT MEAN IT CAN'T COMMUNICATE, WE JUST NEED TO LOOK, LISTEN AND GIVE VOICES TO THOSE WHO NEED IT.

IT IS AN ART FORM THAT IS HUMBLE, GRACIOUS, ACCEPTING, CONSEQUENTIAL, BRAVE, COMPASSIONATE, ACCEPTING AND CAN BE PRACTICED BY ANYONE. IT HAS ALWAYS EXISTED IN SOME FORM OR OTHER AND NOW IT IS OUTLINED IN THE ABOVE MANIFESTO FOR ALL TO FOLLOW, ADAPT AND ENJOY.

DEDICATED TO THE KIDS OF FRIDAYS FOR FUTURE.

SARA MC NAMARA

ACTION IS MY HOPE,  
WITH LOVE